



# Devon Cricket Board Coaches' Association Refresher Day 2010



The Sir Christopher Ondaatje Devon Indoor Cricket Centre,  
The Sports Hall, The University of Exeter, Stocker Road,  
Exeter, EX4 4QN

Saturday 25<sup>th</sup> September 2010 10.45AM until 5.00PM



Tasmanian Dene Hills, England's current Lead National Batting Coach, former Senior Coach at Cricket Australia Centre of excellence 2005-08 Assist; Coach Australian Cricket Team 2005-07; Head Coach Australia A Pakistan Tour 2007 Assist; and Coach Tasmanian Tigers 2003-05. Dene has tutored on the ECB Level IV course. Dene's presentation will give coaches' an insight into what and how to coach players in the high performance arena, batting in general, latest coaching techniques, batting drills, what the England Cricket Team is focusing on and lots of other areas that cross over into High Performance Batting.

Jon Pitts is one of the leading experts in Human Performance, working with some of the World's leading athletes and teams, across a broad spectrum of sports. His knowledge and experience of elite environments has led to a reputation in helping clients to achieve their true potential. With a background in Sports Science and the field of biomechanics, Jon uses a blend of traditional and cutting edge methods to find the right approach. He has worked with Olympic equestrian athletes, international footballers, expedition participants and developed research with leading UK universities on a variety of physical topics. Jon's presentation will deal with the effects of pressure on performance.



## Itinerary for the day

10.45AM Tea and Coffee on arrival/registration

11.00AM DCBCA AGM

11.30AM – 1.00PM Dene Hills *"High performance batting"*

1.00PM – 1.45PM Lunch: PLEASE NOTE BRING YOUR OWN LUNCH

1.45PM – 3.15PM Jon Pitts *"The effects of pressure on Performance"*

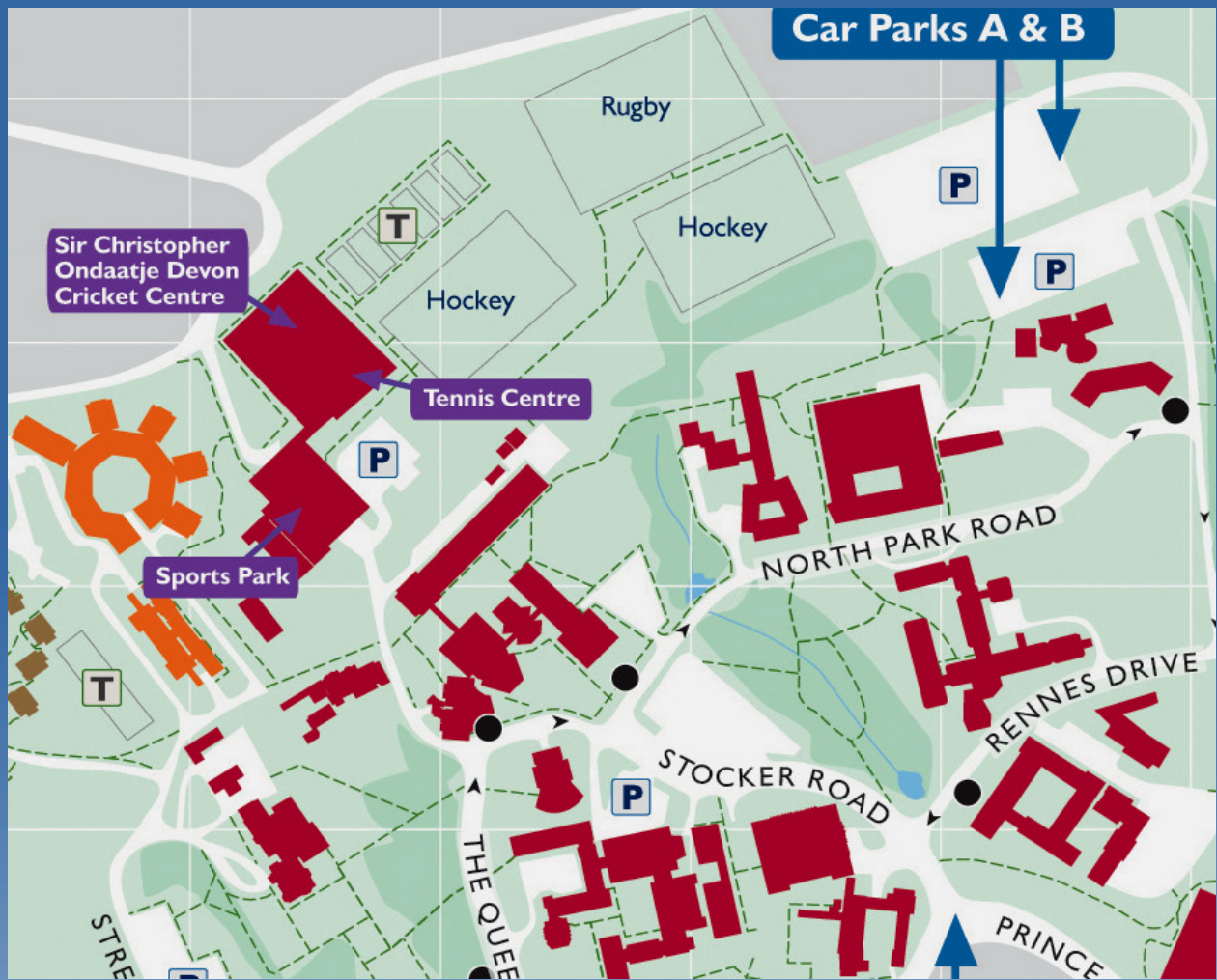
3.30PM – 4.30PM Dene Hills & Jon Pitts, bring it all together *"Coaching the modern game. Nature, technique and innovation"*.

4.30PM Any questions

5.00PM Finish

**FREE TO ECBCA MEMBERS otherwise £15.00 per person**  
**Booking Form on Reverse or online**

[www.devoncricket.co.uk](http://www.devoncricket.co.uk)



**PARKING:** On the day please follow the signs for and park in CAR PARK B as shown on the map above. Then please follow the path between the Rugby and Hockey pitches shown to the Sports Hall and the cricket centre.

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## DCBCA Refresher Day Booking Form 25<sup>th</sup> September 2010

Forename:.....  
 Surname:.....  
 Address:.....  
 ..... Post Code:.....  
 Home Telephone Number:..... Mobile Telephone Number.....  
 Email:.....  
 ECBCA Membership Number:.....  
 Coaching Qualification(s):.....  
 Club:.....  
 Affiliated County:.....

If none ECBCA Member, I enclose cheque (made payable DCBCA) for £15.00  
 \*delete as applicable

Cheque Enclosed Yes/No\*

**Please return ASAP to: Claire Coleman, ECB Office, The Sports Hall, Exeter University, Stocker Road, Exeter, Devon, EX4 4QN**